

# BETTINA ARNDT

## CURRICULUM VITAE

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### PERSONAL DETAILS:

**Date of Birth:** 1 August 1949  
Penrith, England

**Marital Status:** Divorced, three children

### EDUCATION:

**1969 - 1971:** Bachelor of Science, Australian National University  
**1972 - 1973:** Master of Clinical Psychology, University of New South Wales

### PROFESSIONAL EXPERIENCE:

**1973 - 1981:**

After completing her Master in Clinical Psychology, Bettina started work as one of Australia's first sex therapists, editor and then publisher of *Forum Magazine*.

- Lecturer on human sexuality to medical students at the University of New South Wales and the University of Sydney.
- Lecturer at numerous academic and professional conferences including the Royal Australian College of General Practitioners, Monash University Medical Faculty, Australian Federation of Family Planning Association, the Australian Psychological Society, The NSW Institute of Psychiatry, World Organisation of General Practitioners and so on.
- Frequent appearances on Australian national television and radio.

**1976 - 1986, 1996 - 2004**

- Member of the Council of the Australian National University.

**1981 - 1986**

- Feature writer for *Australian Consolidated Press*, wrote numerous cover stories for *The Bulletin* magazine, and stories for *Australian Women's Weekly* and *Cleo* magazine on social and gender issues, the changing nature of marital and personal relationships.
- Weekly guest on Channel 9 television program, *The Today Show*.
- Regular appearance on radio and television programs around Australia.
- Weekly talk-back radio program on Sydney Macquarie Radio station, 2GB.(1982-1984)

### **1984 - 1988**

- Answered personal advice column for Cleo magazine.

### **1986 - 1991**

- Based in Manhattan, New York. Wrote a weekly newspaper column syndicated through The Age, Melbourne.
- Wrote articles for American women's magazines.

### **1991 - 2004**

- Returned to Sydney. Worked for The Australian newspaper as feature writer 1991 - 1995.
- In 1995 joined the Fairfax organisation as a feature writer for The Sydney Morning Herald and The Age, in Melbourne.
- Regular guest on ABC radio in Sydney, Melbourne, Canberra and Adelaide.
- Guest Reporter for Four Corners, ABC's documentary television program, 1992.

### **1999**

- President of the Royal Women's Hospital Foundation.

### **2000**

- Member of the Family Law Pathways Advisory Group.

### **2003**

- Member of the National Advisory Committee on Ageing
- Recipient Centenary Medal

### **2004**

- Feature writer for Australian Consolidated Press, writing for The Australian Women's Weekly and The Bulletin
- Member of the Child Support Ministerial Reference Group

### **2005 - 2007**

- Feature writer for The Australian Women's Weekly, regular newspaper columnist for The Herald Sun, occasional columnist for The Canberra Times, West Australian and Courier Mail.
- Member of the Assisted Reproductive Technologies (ART) Review Committee.

### **2007 - 2008**

- Researching and writing *The Sex Diaries*, a book about how couples negotiate differences in sexual desire – published by Melbourne University Press, March 2009 and Hamlyn (UK) July, 2009.

## **2009**

- Researching and writing *What Men Want* – a book about why sex is so important to men.

## **2010**

- *What Men Want* published. Melbourne University Press, 2010.
- Writing opinion stories and features for Australian newspapers and magazines.
- Regular appearances on radio and television.

## **2011**

- Speaking all over Australia and overseas, to corporate audiences, community groups, professional organizations.
- Writing regularly for newspapers and magazines plus numerous radio and television appearances.

## **2012 - 2018**

- Worked as an online dating coach, helping people write profiles and providing advice and support.
- Regular appearances on radio and television.
- Writing for newspapers, magazines and online websites.

## **2017 -**

- Producing videos for YouTube promoting men's issues.
- Writing and making regular media appearances about our anti-male culture.

## **2018 –**

- Campus tour exposing the fake rape scare campaign. Violent protests at against Bettina at Sydney University led to Federal Government free speech enquiry and universities imposing new free speech codes. Key organiser of protest disciplined for breaches of bullying and harassment regulations.
- Regular appearances on television and radio.
- #MenToo published by Wilkinson Publishing.

## **2019 -**

- Contributor to Jordan Peterson's thinkspot

Throughout her career, Bettina appeared regularly on the speaking circuit, addressing audiences all over Australia, in Singapore, New Zealand, Bangkok and India.

## **PUBLICATIONS:**

- *Forum Magazine*, 1973 - 1981
- *Private Lives*, Penguin Books, 1986
- *All About Us*, Penguin Books, 1989
- *Taking Sides*, Random House, 1995
- *The Sex Diaries*, MUP, 2009 and Hamlyn (UK) 2009.
- *What Men Want – in bed*, MUP, 2010.
- *#MenToo*, Wilkinson Publishing, 2018

## **CO-AUTHORED PUBLICATIONS**

- *The Bettina Arndt Guide to lovemaking for women*, 1980
- *The Bettina Arndt guide to lovemaking for men*, 1982
- *The Bettina Arndt Guide to lovemaking*, 1982
- *The Australian way of sex*, 1985-1988
- *Arndt's story: the life of an Australian economist*, Peter Coleman, Selwyn Cornish, Peter Drake, comment by Bettina Arndt, 2007.